

# What Have We Learned from 35 Years of TIMI Trials?

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# TIMI Trials

## 1984-2019

70 Cardiovascular Trials (68 completed)

ACS



- 300,000 Patients enrolled to date
- 4000 Hospitals worldwide
- 8000 Investigators worldwide
- 52 Countries
- 6 Continents

TIMI BIBLIOGRAPHY: >1000 PEER REVIEWED PUBLICATIONS



# Top 10 Lessons 1984-1999

1. **Better epicardial flow results in lower mortality**
2. **Development of grading scale for bleeding**
3. **Speed of flow (frame count) and perfusion of myocardial tissue (perfusion grade) are impt**
4. **tPA is better than SK at opening arteries**
5. **Single bolus TNK-tPA is safe and effective**
6. **Enoxaparin is superior to unfractionated heparin**
7. **Risk score predicts outcomes, can guide therapy**
8. **Early invasive approach is better in UA/nSTE-MI**
9. **Prehospital lytic is feasible and speeds reperfusion**
10. **Multimarker approach improves prognostic ability**

# The Prior Decade (2000-2009)



1. Established the risk/benefit for clopidogrel (CLARITY-TIMI 28) and enoxaparin (ExTRACT-TIMI 25) as adjuncts to fibrinolysis for STEMI
2. Intensive statin is better than moderate statin post ACS (PROVE IT-TIMI 22)
3. Prasugrel in ACS treated with PCI (TRITON-TIMI 38)
4. Early Routine vs Late Provisional Use of Eptifibatide (IV GP IIb/IIIa) in nSTE-ACS (EARLY-ACS)
5. Ranolazine in nSTE-ACS (MERLIN-TIMI 36)

# TIMI Trials 2010-present



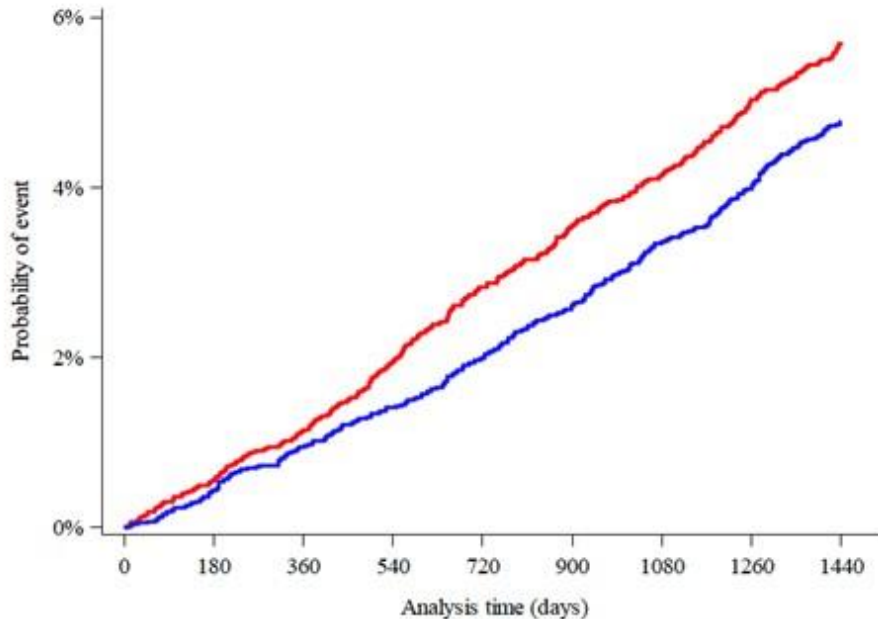
<u>Population</u>	<u>Experimental Therapy</u>
ACS	antiplatelet, anti-inflammatory
Post ACS	oral factor Xa, Lp-PLA <sub>2</sub> inhibitor
Lipid-lowering	ezetimibe, PCSK9, CETP
Diabetes	inhibitors of DPP-4, SGLT-2
Atrial Fib	oral factor Xa
Metabolic syndr.	serotonin receptor agonist
Heart failure	neprilysin inhibitor

## CVD/HHF

4.9% vs 5.8%

HR 0.83 (0.73-0.95)

P(Superiority) 0.005



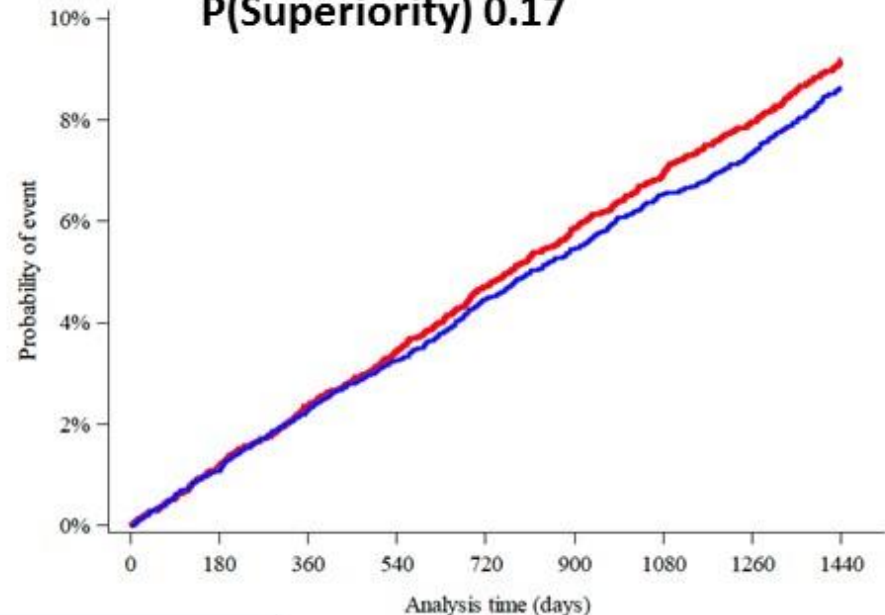
## MACE

8.8% vs 9.4%

HR 0.93 (0.84-1.03)

P(Noninferiority) <0.001

P(Superiority) 0.17

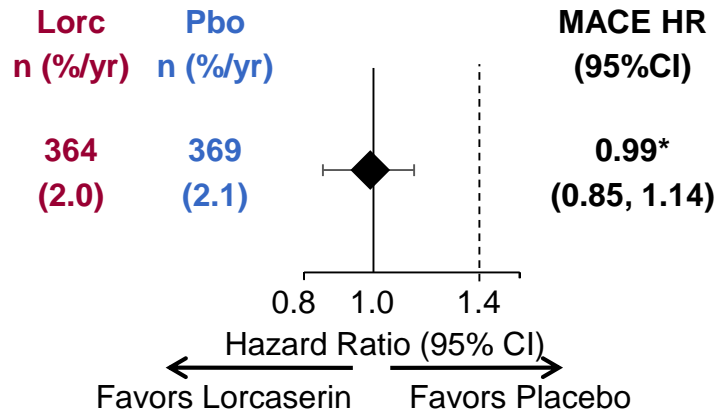


— Dapagliflozin  
 — Placebo

# Primary CV Outcomes

**N = 12,000**

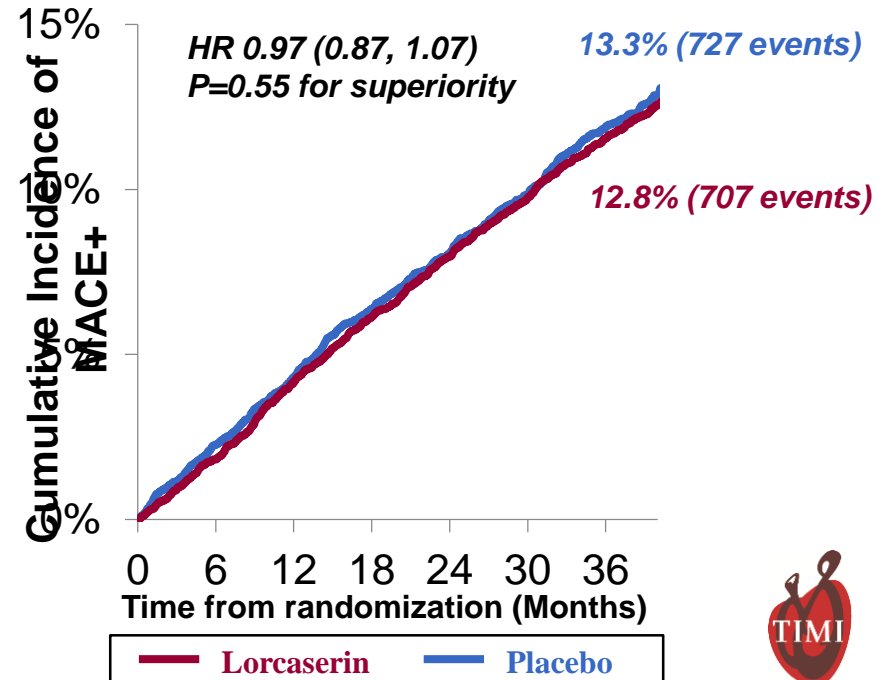
**CV Death, MI, Stroke  
(Safety)**



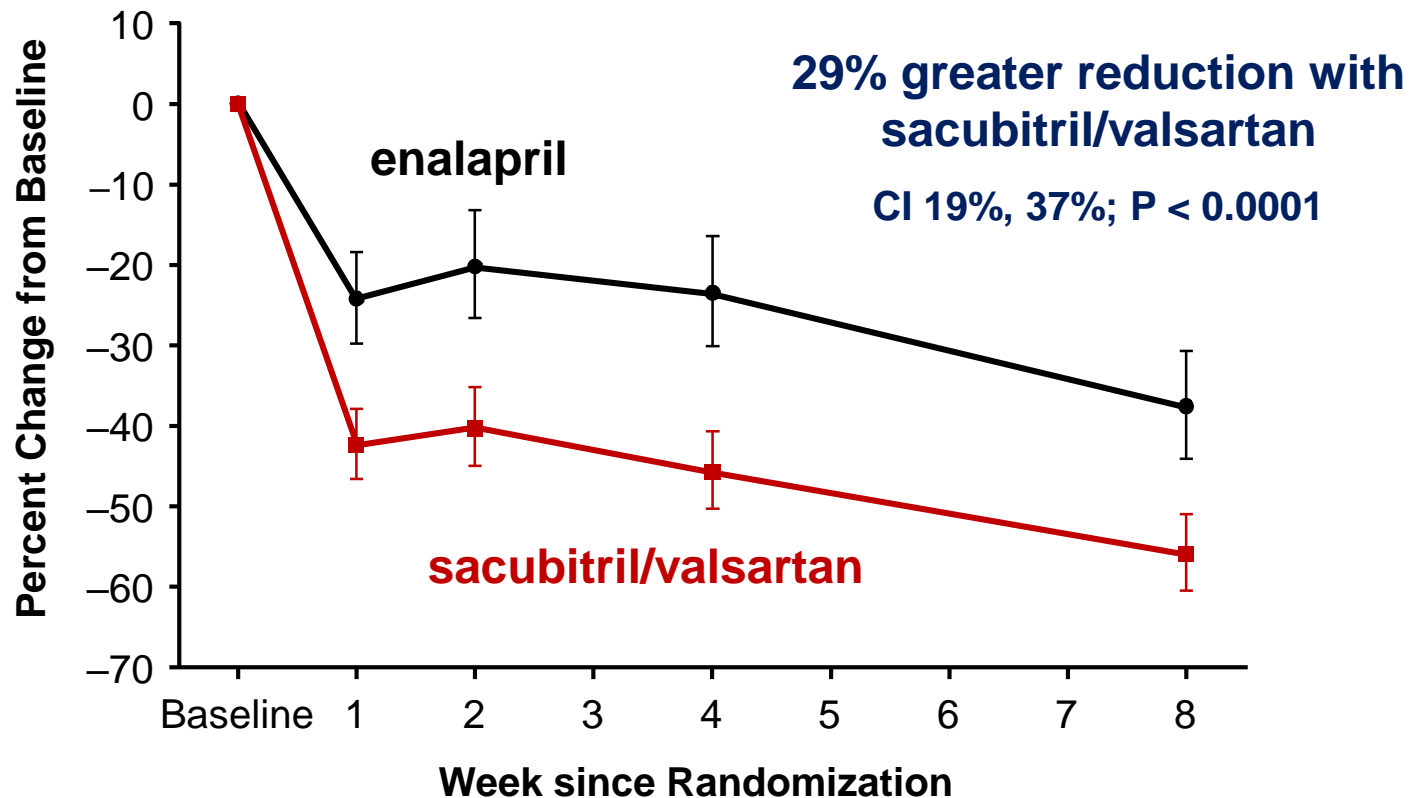
**\*P (non-inferiority) < 0.001**

*\*Non-inferiority boundary: HR 97.5% upper bound of 1.4*

**CV Death, MI, Stroke, HF,  
Hosp for UA, Cor Revasc  
(Efficacy)**



# Primary Endpoint: % Change in NT-proBNP





# Goals of Clinical Trials

- Identify new treatments
- Bring new drugs/devices into the clinic
- Extend indications on existing therapies
- Test new strategies
- Provide new insights
- Change guidelines for care

**Improve outcomes for our patients**